

ZUMBA

AT

Always Ballroom!
Every Saturday at 11:00am



It's Fun !!

It's Easy !!



Zumba combines high energy latin music with unique moves & combinations that allow you to dance your worries away. Zumba is based on the principle that a workout should be "FUN & EASY TO DO" Zumba is great for your body & mind.

**Only \$10.00 per class, walk-ins welcome!
Or purchase 10 classes for only \$60.00!**